

South Knoxville Community Center



Recreation
Director
Debbie Beeler

2017

June

522 Maryville Pike Knoxville, TN 37920 573-3575

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Room 8:00am - 4:00pm Mon. - Friday 18 years & older				1 Walking-8am- 10am Water Exercise - 10:30 B-Ball - 10am - 2:00pm Lunch - 11:00am - 12:30 Pickleball - 6pm - 8:30pm	2 Picker's & Grinner's 9:30am refreshments served Lunch - 11:00am - 12:30 Aikido - 6:30pm - 8:30pm	3 Please Note Gym Hours Change Due To Children being out of school and here all day.
4 	5 Walking - 8am - 10:00am B-Ball - 8am -10:00am Ceramic - 10:30 -1:00 Lunch - 11:00 -12:30 Advanced Bunco -6pm Aikido - 6:30pm - 8:30pm	6 Walking - 8am - 10:00am B-Ball - 8am - 10:00am Water Exercise- 10:30 Lunch - 11:00 - 12:30 Pickleball - 6pm - 8:30pm	7 Walking - 8am - 10:00am B-Ball - 8am - 10:00am Quilting - 10:30 Bunco/Lunch -10:30 Aikido - 6:30pm - 8:30pm	8 Walking-8am- 10am Water Exercise - 10:30 B-Ball - 10am - 2:00pm Happy Birthday "99" to Ms. Justapearl Brown Pickleball - 6pm - 8:30pm	9 Picker's & Grinner's 9:30am refreshments served Birthday Cake for Justapearl Lunch - 11:00am - 12:30 Aikido - 6:30pm - 8:30pm	10
11 	12 Walking - 8am - 10:00am B-Ball - 8am -10:00am YAH Mtg. 10:00am Lunch - 11:00 -12:30 Vestal Mtg. 6:00pm Aikido - 6:30pm - 8:30pm	13 Walking - 8am - 10:00am B-Ball - 8am - 10:00am Water Exercise - 10:30 Lunch - 11:00 - 12:30 Pickleball - 6pm - 8:30pm	14 Walking - 8am - 10:00am B-Ball - 8am - 10:00am Quilting - 10:30 Aikido - 6:30pm - 8:30pm	15 Walking-8am- 10am B-Ball - 10am - 2:00pm Water Exercise - 10:30 Lunch - 11:00am - 12:30 Pickleball - 6pm - 8:30pm	16 Picker's & Grinner's 9:30am refreshments served Lunch - 11:00am - 12:30 Smokies Ballgame - 7pm Leave at 4pm to eat see me. Aikido - 6:30pm - 8:30pm	24
18 	19 Walking - 8am - 10:00am B-Ball - 8am -10:00am Ceramic - 10:30 -1:00 Lunch - 11:00 -12:30 Democrat Mtg. 6:30pm Aikido - 6:30pm - 8:30pm	20 Walking - 8am - 10:00am B-Ball - 8am - 10:00am Water Exercise - 10:30 Pickleball - 6pm - 8:30pm	21 Walking - 8am - 10:00am B-Ball - 8am - 10:00am Quilting - 10:30 KAT Bus ride to Market Square Mall-10:45-1:30pm Aikido - 6:30pm - 8:30pm	22 Walking-8am- 10am B-Ball - 10am - 2:00pm Water Exercise - 10:30 Lunch - 11:00am - 12:30 Pickleball - 6pm - 8:30pm	23 Picker's & Grinner's 9:30am refreshments served Lunch - 11:00am - 12:30 Bingo/Cook-Out -4pm - \$4.00 Aikido - 6:30pm - 8:30pm	
25 	26 Walking - 8am - 10:00am B-Ball - 8am -10:00am Ceramic - 10:30 -1:00 Lunch - 11:00 -12:30 Aikido - 6:30pm - 8:30pm	27 Water - 8am - 10:00am B-Ball - 8am - 10:00am Water Exercise - 10:30 Lunch - 11:00 - 12:30 Pickleball - 6pm - 8:30pm	28 Walking - 8am - 10:00am B-Ball - 8am - 10:00am Quilting - 10:30 Aikido - 6:30pm - 8:30pm	29 Walking-8am- 10am B-Ball - 10am - 2:00pm Water Exercise - 10:30 Lunch - 11:00am - 12:30 Pickleball - 6pm - 8:30pm	30 Picker's & Grinner's 9:30am refreshments served Covered Dish Lunch -11:15 Bring your best and bring and bring a friend! Aikido - 6:30pm - 8:30pm	
	Water Exercise Class is growing. Meet us at the pool every Tues. & Thurs. 10:30. Lots of fun & you will feel so much better. Ms. Justapearl never misses a class and she is "98" !!!!			Thank you to all who helped make our Hillbilly Supper a HUGE success. There was so much food. The Band was great! Everyone pitched in and helped....awesome. I can't imagine what it would	have been like if the weather had been good that night. Teamwork paid off to the tune of \$385.00	<p>Please Keep Ms. Pat in your Prayers during her surgery and recovery.</p>

